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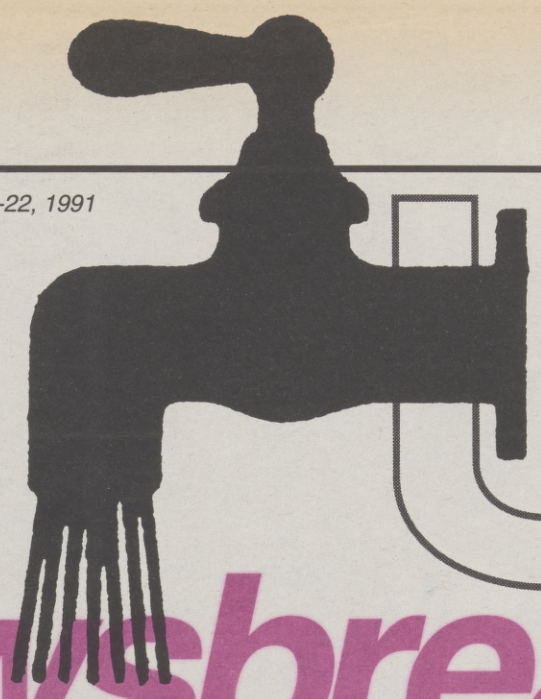


UCSF Newsbreak

Conservation . . . . It's Up to You

She's called Mother Earth because she gives life. Ironically, over the last several decades we have been destroying her . . . polluting her streams, poisoning her air, squandering her natural resources. Only we can save her. And the time is now.

UCSF is a large institution with nearly 11,000 employees and faculty on Parnassus alone plus another 3,000 students. What we do as a campus to conserve water, energy, and other natural resources can make a difference.

Water Conservation

Very close to home is the water problem. In the September 15 issue of *Newsbreak*, we ran a story on water conservation. Since that time, things have changed . . . for the worse. According to officials at the state Department of Water Resources the forecast is for "Pain."

It's already too late for a normal water year. The drought has done too much damage for any rain to heal the scars of five years of parched conditions. The state's flora and fauna are suffering and major storage reservoirs are extremely low. Even if we had a record rainfall in February or March (which is highly unlikely) our water problems would remain.

At the time of this writing, the State Water Project had just suspended water deliveries to all agricultural users and is deciding what to do next. Measures taken could be drastic mandatory rationing for all water users with stiff penalties for those who do not comply.

So, what can we do as a campus to help?

Generally speaking, our campus has been doing pretty well when it comes to staying within city guidelines. According to Jason Mavis of Capital Resources Management, even though the campus has added facilities, we still have managed to decrease water consumption from 506,000 ccf (hundred cubic feet) in 1989 to 489,000 ccf in 1990. This is due primarily to the installation of water flow savers on many of the toilets, sinks and showers, plus we have very little, and in some cases no outside watering, and our campus vehicles are washed infrequently.

Mavis explains that we, as a campus, have done technically pretty much all we can do. He says, "Now it's time for individuals to be conscious of the fact that there is a serious drought and we must all be very careful of water use."

While it might be difficult to save water in our patient care and research areas, all members of the campus are asked to be more aware of water use. We've all heard the practical suggestions, including not using too much water to wash your hands, taking short showers in Millberry Union and student housing (in fact, turn off the water while soaping up and put the water volume on low), and reporting any leaks immediately to Physical Plant. Now we just have to put these suggestions into action.

Energy Saving Measures

You come into your office, turn on your overhead lights, your computer, a desk lamp, computer printer, copy machine, fax machine, maybe even a coffee maker and electric heater. Most of these are essential to your work environment.

But, there are ways to save energy. And most have to do, once again, with becoming more aware of your own energy use.

For example, don't leave your personal computers on all night. If you are going to be out of your office for an extended period of time, turn off the lights. If you and your colleagues agree and it can be done, turn down the thermostat in your office. When you leave an empty room, turn off the lights, and of course, make sure the water is turned off completely in bathrooms, labs and patient care areas.

There also are a multitude of ways to save energy at home. For further information call PG&E at 974-1555 (if you live in San Francisco). If you live out of the city, look for your customer representative telephone number on your bill.

A Letter from the Chancellor

Most of us are very conscientious about saving energy and resources in our personal lives: we turn out lights, lower thermostats, carpool or ride public transportation, take shorter showers, and avoid using disposable items whenever possible. We take these steps because it makes good ecological and economic sense to save our natural resources and to save money.

At an institution the size of UCSF, it may seem difficult, at times, to adhere to the same values and behaviors as at home. Surrounded by so much equipment using energy; pipes carrying so much water; computers, faxes, and photocopies consuming so much paper, our individual efforts to conserve seem insignificant. However, we must remind ourselves that here at UCSF as at home, if we use electricity, water, paper and other products excessively, we are wasting valuable resources and money.

The severity of the drought in Northern California and the crisis in the Persian Gulf are a reminder that we must conserve water, natural resources and energy. Also, the recession and state budget cuts which affect the University of California's budget dictate that we run our campus as efficiently as possible. We owe it to our community and the future to share the burden of conservation here at UCSF.

I urge all faculty, staff and students to join in this endeavor by taking all possible steps, however small they may seem, to conserve resources.

Julius Krevans

Recycling

While no comprehensive program exits at present, there are several recycling programs in place. The Managers' Advisory Group of the Medical Center has collected the following information about recycling resources on this campus:

White Paper

Two types of receptacles are available to departments: heavy cardboard barrels and cardboard desktop trays. Moffitt/Long departments are handled by Environmental Services at 476-1183; campus departments by the Physical Plant Department at 476-2021; Ambulatory Care Center by ACC Building Management at 476-4261.

Colored Paper

At this point in time, there is only one campus location where you can recycle colored paper: Hospital Information Systems at Mission Center. A large wire bin is located outside Room 401, and is regularly picked up by Weyerhauser. For further information call Darlene Torres at 476-6601.

Cans & Bottles

The Graduate Students' Association has organized this effort. Clearly marked plastic receptacles now are located in the School of Nursing's Courtyard Cafe, Millberry Union's Plaza Grill and Green's Cafe on the "I" level of Millberry. The Haight Ashbury Neighborhood Council Recycling Center, located just on Arguello Street near Kezar, is responsible for picking up the bottles and cans.

Cardboard & Newspaper

There is no campus-wide recycling effort at this time.

Reprographics

If you request it, Reprographics will print on recycled paper for you. It comes in 20 and 24 weight bond and is slightly more expensive than regular bond. For further information call

(continued on page 7)

Preparing for the Stress of War

At the time of this writing, US ground troops had just repulsed an attacking Iraqi force in Saudi Arabia. The dreaded possibility soon will be fact: American men and women will be wounded, and the trauma of war will hit home.

The VA Medical Center in San Francisco is a primary site for accepting war casualties. UCSF faculty at the VAMC now are preparing to handle the medically, surgically and psychologically wounded, all of whom will be air evacuated out of Saudi Arabia to Europe, then home to the US.

The first casualties will go to the Department of Defense hospitals, such as Letterman. But once their beds are filled, the VA medical centers—80 across the country—will take on the task of mending our soldiers.

What kind of an impact will this have on our VAMC? Besides healing our soldiers' physical wounds, how will our doctors begin to mend those minds torn apart by the Persian Gulf war?

Charles Marmar, associate professor of clinical psychiatry, explains that the first role of VAMC psychiatrists is to understand the impact the war is having on current patients—those war veterans suffering from combat stress disorders who make up some 450 outpatient visits and another 7 to 10 inpatient admissions per month. They are the men and women of World War II, and the wars in Korea and Vietnam, who continue to suffer from chronic stress disorder and receive treatment in the VAMC's Post Traumatic Stress Disorder program, directed by Marmar.

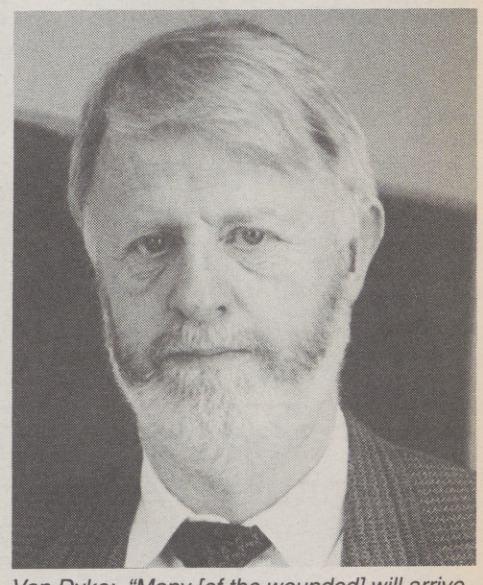
"Since the Gulf war began," Marmar says, "we have many more emergency drop-ins." He says that the vets from past wars generally have very mixed emotions about this war. "They're patriotic, but many of the Vietnam vets were against that war. They actually are envious of the soldiers in the Gulf because they probably will be seen as heroes. Vietnam vets were not treated as such. They also are afraid that they soon will be swept under the rug."

Marmar explains that only the most severely injured will be sent home. "All casualties will be dealt with on the field first."

Craig Van Dyke, professor and vice chair of psychiatry at UCSF and chief of psychiatry at the VAMC, says that it is hard to know what physical or mental condition the men and women will be in when they arrive here. "Many will have no more identification than a tag with a one-paragraph explanation of who they are and a brief description of their problem. Not having a lot of information won't hinder us, but it might take a couple of days to get a complete evaluation," Van Dyke says.

The air evacuation itself is very hard on the patient, explains Van Dyke. "It's a strenuous trip. Some might be heavily sedated. We're a long, long way from Saudi Arabia. Usually, they allow for a brief respite—an overnight stay in a US hospital. But, if there are no beds at that hospital, they will be transported immediately here," he says.

Charles Marmar: "The severity of what might happen is unknown."



Van Dyke: "Many [of the wounded] will arrive with no more identification than a tag."

Marmar explains that there is active in-service training going on now to help VA employees—house staff, nurses, doctors, psychiatrists, as well as social workers—who will be treating the wounded. It will be the first time that many of them will be seeing women war victims who might be suffering from serious disfigurations or loss of limbs. "We will have to supply a strong psychological back-up to our medical and surgical teams," he says. "This is not all organized as yet, but we hope that it takes place soon."

"For the vet, we have to create a safe place, a sanctuary, an environment of trust," he says.

For many, restoring sleep with effective medications will be very important, both to deal with insomnia and to improve coping in the daytime. "We have safe, non-addictive medications to help, including low-dose benzodiazepine and other sleeping medication," Marmar says. Daytime anxiety will be managed through group and/or individual therapy, plus, if necessary, anti-anxiety medication. "We also will try to connect them with their

(continued on page 3)

Parking Changes on Parnassus

For all of you people out there who have been fortunate enough to find a free parking place in front of our new library, those days soon will be gone forever.

Several parking changes will be occuring on Parnassus, including in front of the new library. (HINT: The best way for you to understand this story is to first imagine that you are on the stairs of the Medical Sciences building looking across the street to Millberry Union.) Now for the low-down:

● **On the north side of the street:**

In front of Millberry Union, going east to west, there will be a yellow metered zone for truck loading, followed by a white passenger drop-off zone. After the stop light and crosswalk, there will be a MUNI stop (where it originally was before the library construction), followed by a blue handicapped zone, another white passenger drop-off zone, and then a white shuttle bus zone down to Third Avenue. (Does that mean that all the campus shuttles are moving to this new location? No, but read on for what it does mean.)

● **On the south side of the street:**

In front of Langley Porter Psychiatric Institute, going east to west, the shuttle stop zone will be shortened to accommodate two 30-minute metered zones, in front of the ER two of the metered zones will be turned into a blue handicapped zone, the bus stop will remain in front of Medical Sciences. East of the stop light and crosswalk, 30-minute parking meters will be installed, except for two yellow metered truck loading zones on the corner of Third.

● **Now for the shuttle changes:**

Passengers who want to go from Parnassus to Aldea Family Student Housing or to the Community Dental Clinics, Mission Center Building, 20th & Harrision, and SFGH, should catch these shuttles in front of LPPI. Passengers wishing to go from Parnassus to Laguna Honda School or Turk Boulevard Student Apartments, Laurel Heights and Mount Zion, or to UC-Berkeley, should catch shuttles at the new stop in front of the library building. "This hopefully will eliminate a lot of confusion we've been experiencing with only one shuttle stop in front of LPPI," says Jim Wood of Transportation.

Jim adds that those people taking the Marin commute bus should continue to depart from in front of the dentistry building. For further information call 476-1511.

● **When will all of this happen?**

According to Mary Limosner of Campus Planning, "The City thinks this should be all wound up by the middle of February."

Chief Nelson gives a discerning eye to an officer during the annual inspection.

Our Police Department: Proud & Professional

If you were making your way through Saunders Court around 1 p.m. last Thursday, you probably caught an interesting sight: the annual UCSF Police Department inspection. All divisions of the department were on hand, including patrol officers, personal safety officers (PSOs) and dispatchers. With nary a smudge on a shoe nor a tie out of place, all of these police men and women, 75 to be exact, wore their "class A" uniforms which created, to say the least, quite a glimmering display.

Chief Ronald Nelson, accompanied by Assistant Chancellor Terry Johnson, Assistant Chief Michael Brant and Lieutenant Yolanda Morton filed among the officers and personnel, peering into eyes, tugging on belts, and asking a few inspection-type questions. The outcome? According to Nelson, "Well-prepared, proud and professional."

Subsequent to the inspection, Chief Nelson presented service awards to some worthy officers. Mark Phillips was honored with a meritorious service medal for bravery, officer Robert Alonzo received a 20-year service pin, while PSO Kenny McTear was voted by his peers to receive a plaque for being "PSO of the Year."

Highland's Ophelia Long to Address Black Nurse Symposium Feb. 22

Ophelia Long, who beat the odds to become the chief executive officer at Kaiser Permanente Medical Center in West Los Angeles and subsequently the CEO of Highland General Hospital in Oakland, is the keynote speaker at the fifth annual Black Nurses Symposium on Friday, February 22, in Cole Hall. Her topic for the event, to be delivered at 10:15 a.m., is the same as the symposium title, "Healthy People 2000: How Does the Black Community Get There?" The topic coincides with the World Health Organization's theme for the '90s, "Health for All by the Year 2000."

The symposium is sponsored by the School of Nursing during UCSF's Black Heritage Month to celebrate and inspire black nurses, and to address crucial health care issues in the black community.

Long is a rare combination for a hospital administrator—black, female and a nurse. Her appointment at Highland Hospital last year brought widespread publicity and subsequent acclaim for her successful efforts to prepare the hospital for an important accreditation survey. "She serves as a 'wonderful role model' for a segment of the population that is in great need of such models," says DeLois Weekes, assistant professor in the School of Nursing who is coordinating the symposium.

For those wishing to attend the conference for four units of continuing education and for conference materials, there is a registration fee of $25 (waived for full-time students). There is no charge for interested members of the public who want to hear one or more speakers. For further information or to register, call Joann Ray, 476-2595.

The Black Nurse Symposium is just one of several campus events remaining to celebrate Black Heritage Month. See the inside calendar on page 4 for a complete listing.

MLK Award Winners

Four faculty, one student and one staff employee were awarded Martin Luther King, Jr. Awards during MLK Week, which began January 15. From left to right, faculty members Michael Drake, ophthalmology; the team of Ricardo Muñoz, Robert Mahon and Francis Lu (missing), all psychiatry; fourth-year medical student Vaneida White; and Joanne Lewis, assistant vice chancellor, Business & Fiscal Services. The award ceremony capped off a week full of activities, including a debate between author Shelby Steele and Julianne Malveaux of UC-Berkeley and a large cultural festival in Millberry Union.

$284,000 to United Way

The most recent UCSF United Way Campaign was again successful. "Wasn't that campaign a long time ago?" you might ask. Well, it certainly seems so, considering how much has happened over the last few months. But, the fact is it can take several months before all the envelopes are returned to Accounting, all the forms are processed, and an accurate tally is available.

For the third year in a row, campuswide participation has been close to 40 percent. Given the earthquake in 1989 and the recession this year, campus campaign coordinators are pleased with these results.

Chancellor Krevans says that this level of participation and commitment is especially commendable considering the size of the campus family and our geographical diversity. "UCSF's United Way Campaign is indeed a campuswide endeavor. It could not succeed without the support of the deans, vice chancellors, department chairs and managers, department contacts and donor representatives at each location. I am grateful to everyone who worked on, and who gave to, this year's campaign."

UCSF Community Affirmative Action Committee Created

A committee of UCSF staff and community members has been established to focus on job opportunities in planning, design and construction at UCSF, as well as other UCSF employment possibilities.

The new UCSF Community Affirmative Action Committee will ensure that neighborhood concerns regarding employment receive continuous attention.

About 34 percent of UCSF's employees are minorities, and in 1989-90, 15.7 million of UCSF's dollars for goods, services, construction and design professionals went to minority-owned businesses. That figure represented 8.1 percent of UCSF's total dollars spent that year on goods, services, construction and design.

The new committee—which is chaired by Michael Adams, vice chancellor, Affirmative Action/Equal Opportunity, will:

- participate in the referral of UCSF job applicants, potential contractors/sub-contractors, vendors, employees and consultants for campus contracts;
- work with various institutions and community agencies to encourage residents to obtain the training necessary to compete effectively for jobs;
- review the University's policies and procedures concerning qualification requirements for contractors and vendors and recommend how these requirements might be modified.

Kabra Memorial Lecture Feb. 14

The Department of Laboratory Medicine is sponsoring the first Kabra Memorial Lecture on Thursday, February 14, from 4 to 5 p.m. in Toland Hall. The lecture honors Pokar Kabra, associate professor of laboratory medicine and his wife, Usha, who both were killed in an airline crash in India last February.

Guest lecturer will be Henry Erlich, director of the Human Genetics Department at the Cetus Corporation in Emeryville. He will discuss "Clinical & Research Applications of the Polymerase Chain Reaction."

UCSF *Newsbreak*

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Deadline for the next issue, which will cover February 23-March 8, 1991 will be on **Friday, February 8, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

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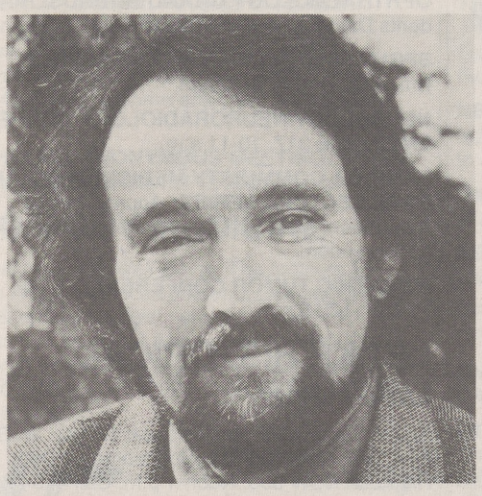
Gazette

Honors & Awards



Bruce G. Flynn: Elected president of the regional chapter, National Rehabilitation Counseling Association. He will be responsible for coordinating professional development activities for rehabilitation counselors in the nine-state Western Region when his term begins in 1992. He also will participate in political lobbying efforts for persons with disabilities through the NRCA parent organization, the National Rehabilitaion Association in Washington, D.C. Flynn is manager, Employee Support Program, and vocational rehabilitation counselor, Employee Rehabilitation Service.

Charles A. Gooding: Received the Aggarwal Gold Medal from, and delivered the Annual Oration to, the Radiology Society of India in Pune, India on January 11. Gooding is professor & executive vice chair, radiology.

Publications

Peter Ostwald: Author, *Vaslav Nijinsky: A Leap Into Madness* (Lyle Stuart/Carol Publishing Group, NY, 1991). Ostwald is professor, psychiatry; director, UCSF Health Program for Performing Artists.

Appointments

Mark Singer: Appointed professor and vice chair, head & neck surgery, Department of Otolaryngology; chief, head & neck services; chief, head & neck surgery, Mount Zion. Coming to UCSF from Northwestern University where he was an associate professor of speech & language pathology, Singer also is the developer of the Blom-Singer prosthesis, a small plastic valve that helps restore vocal ability to patients who have undergone laryngectomy for cancer of the larynx. He will coordinate the relocation of UCSF's head & neck surgery program to Mount Zion and the establishment of a voice and speech center. He plans to recruit an internationally known speech pathologist for speech and voice rehabilitation and also to have two otolaryngology residents at Mount Zion early this year.

Robert Lull: Appointed associate director, nuclear medicine, SFGH. Newly retired from the Army, Lull most recently was chief, nuclear medicine, and director, training programs, at Letterman Army Medical Center, a position he had held since 1976. While at Letterman, he was appointed special consultant in nuclear medicine to the Surgeon General with responsibility for all Army nuclear medicine facilities worldwide. He is immediate past chair of the board of CAL-RAD Forum, a coalition of radiation users from education, industry, research, medicine & the utilities dedicated to safe and appropriate disposal of low-level radioactive waste in California. Lull will help coordinate the division at SFGH as it goes through major transitions within its clinical and teaching operations. A trombone player, he has performed with the UCSF Orchestra in several recent concerts.

In Memoriam

Embree H. Blackard, Jr.: An associate clinical professor of medicine, he came to UCSF in 1960 as a clinical instructor in medicine and became an assistant professor in 1967. Blackard worked with Melvin Sheinman and Dorothy Perloff teaching students and house staff how to read EKGs. He also worked with fourth-year students on diagnoses and with the attending house staff in the cardiac clinic on patient care.

Gerd P. Struver: Coming to UCSF in 1964 as a clinical instructor in medicine, he was promoted to assistant professor of medicine in 1967 and associate professor in 1984. Struver taught Introduction to Clinical Medicine, Cardiovascular Section, to second-year students where they learned how to examine a patient's cardiovascular system and how to take a history, write it up and present it. He also taught house staff how to read EKGs and was an attending physician at the VAMC Medical Service.

Timm Cox: A 25-year member of the UCSF community, he started working in the Millberry Union Bookstore in 1965 as a bookstore assistant, a sales/cashier position. After 14 years, Cox left for a year, then returned to campus as a unit assistant in the LPPI children's inpatient unit for 8 years, where he was responsible for the unit's paperwork, charts and scheduling. Although his job did not require him to work with the children in the unit, he was very fond of them and they responded well to his caring attention. In 1989 he transfered to medical records as a principal clerk.

(Left to right) Dimitri Kullmann, Asuncion Colino Matilla, Rafael Gonzalez & Fumikazu Yoshida. (Not pictured) Enrique Blanco.

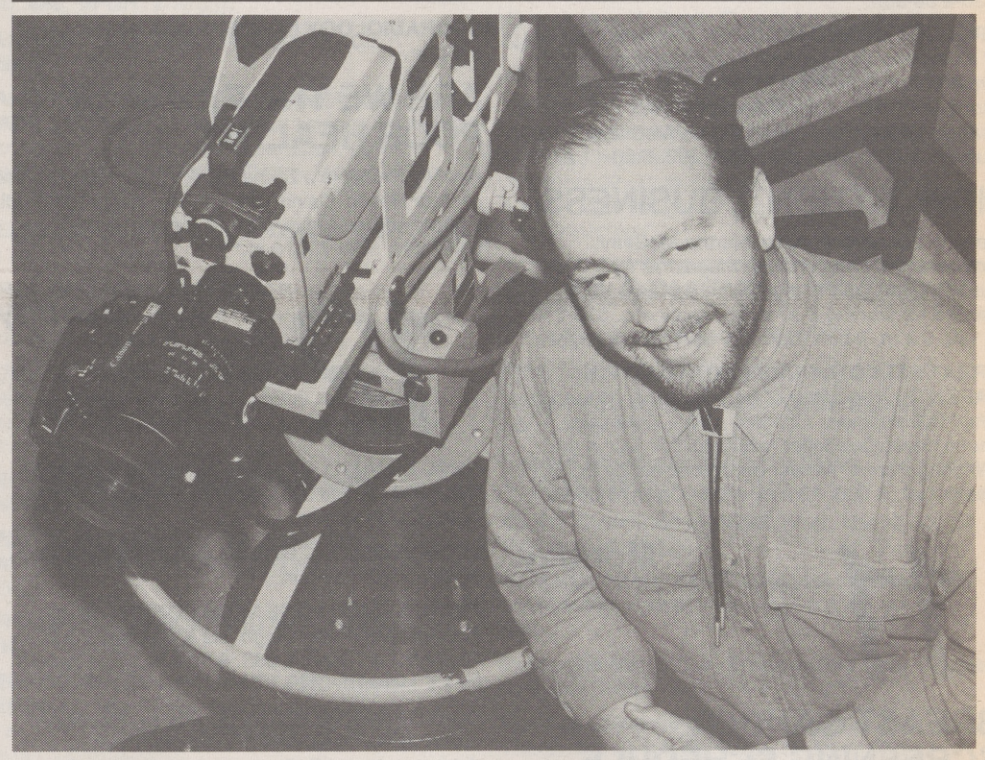
Fulbright Scholars from Four Countries

A number of Fulbright scholars from other countries are working at UCSF. Fumikazu Yoshida works in the lab of Joseph LaDou conducting research for a global study of high-tech pollution. He is visiting from Hokkaido University in Japan. Asuncion Colino Matilla of Compultense University of Madrid is working with Robert C. Malenka at LPPI on the role of protein kinases activity in long-term potentiation of synaptic transmission in the brain.

Dimitri Kullmann works with Roger Nicoll in the Department of Pharmacology & Physiology researching long-term potentiation of the mammalian hippocampus. He is from Edgware General Hospital in Middlesex, England. Rafael Gonzalez, from the University of Grenada in Spain, is working with Charles S. Craik in the Department of Biochemistry on the structure/activity relationship in proteases using genetically engineered proteins.

Enrique Blanco, of the Spanish National Research Council in Madrid, is working with Thomas Kornberg in the Department of Biochemistry on regulatory factors of the engrailed gene expression in *drosophila melanogaster.*

Two scholars already have completed their research and have returned to their home countries: Agusta Gudmundsdottir of Iceland and Richard Lewis of Great Britain.



Causey Honored by Viacom Cablevision

Paul Causey, marketing coordinator for the UCSF AIDS Health Project, was honored by Viacom Cablevision for his volunteer work as host of Viacom's "Helping Hands," a weekly series profiling public service organizations in San Francisco. Until 1990, the show focused on AIDS assistance programs, but now the scope has expanded to include other "helping" organizations. Causey covers AIDS services and presents monthly AIDS treatment updates. This is the first time a non-Viacom employee has received the award, which bears a tax-paid gift of $500.

Stress of War *(continued)*

families. That is a very important support mechanism."

It's also important to supply support to family members who are upset by their wounded loved ones, or who are traumatized by their death. The VAMC will not have the resources to handle that, but the Red Cross, the Northern California Psychiatric Society, and UCSF's Langley Porter Psychiatric Institute now are getting programs in order.

Meanwhile, the Faculty, Staff, and Student Assistance Program is offering a series of support groups free of charge to UCSF community members who have loved ones in the Gulf or are in the military reserves. For further information, call 476-8279.

Another group likely to suffer from the trauma of war, but who at this point have a low priority, are those men and women who continue in the Persian Gulf as active duty military personnel. Many very likely will be suffering post traumatic stress when they return. "Fortunately," says Van Dyke, "we've become very sophisticated over the last several years. And I think we have a more positive support system for the vet. You already can see yellow ribbons everywhere. It's very different from Vietnam. Those days are over when people thought war vets were weak because they had psychological problems."

"We are trying to prepare the best we can for this," says Marmar, "but the severity of what might happen is unknown."

Why Weren't Others Mentioned?

In the last issue of *Newsbreak* we ran a story on the various people from our campus who presently are either in Saudi Arabia or stationed at military bases throughout the United States. We've had a few inquiries as to why certain people were mentioned by name and others weren't. The reason is confidentiality. Many of the people *Newsbreak* initially wanted to interview did not want to have their names printed for fear of injury to themselves or family members. In fact, a few reserve units suggested to their members that they not allow their names to be used in print. We therefore used only names and photographs of those employees who gave their permission. We hope this clarifies the situation.

Today/Tomorrow

UCSF BLACK HERITAGE MONTH EVENTS

UCSF celebrates black heritage throughout the month of February with a number of special events, including those below.

- Sat., Feb. 9: *The UCSF Black Caucus Gala Affair.* Wear evening attire for this gala dance with hors d'oeuvres & raffle. Must be 21 to attend. Tickets $25, no sales at door. Grand Hyatt, 345 Stockton St. 8 p.m.-1 a.m. Call 476-1672 or 476-2276 for tickets.*
- Fri., Feb. 15: *Cole Hall Matinee Cabaret: Diane Ferlatte.* Bay Area storyteller weaves African-American tales. Cole Hall. Noon. Special children's performance at 10:30 a.m. Call 476-2542.*
- Thurs., Feb. 21: *Female Rap Rising—The State of Women in Hip Hop.* Dominique DiPrima, rapper, actress & host of KRON TV's "Home Turf," examines the role of women, especially in the rap world. Toland Hall. Noon-1 p.m. Call 476-0400.*
- Fri., Feb. 22: *Healthy People 2000: How Does the Black Community Get There?* Black Nurses Symposium followed by reception. $25. Cole Hall. 8:30 a.m.-4 p.m. Call 476-2595. (See page 2 for details.)*

Victor Hall

Diane Ferlatte

- Wed., Feb. 27: *Black Vendor's Fair & Bone Marrow/Blood Drive.* MU Conf. Cntr. Noon. "Eyes on the Prize" also will be shown throughout the day in the Med. Sci. lobby.*

9 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS. VAMC Aud. 8:30-9:30 a.m.

UROLOGY GRAND ROUNDS: *The Potential Role of Methylene Diphosphate in the Management of Urinary Stones.* Marshall Stoller, Uro. & Urinary Stone Cntr. *BPH & Prostatectomy: Risk Factors, Surgical Incidence, Reoperation & Morality Rates.* Eugene V. Cattolica, Uro. HSW 300. 8:30-11 a.m.

HOW TO RUN A BUSINESS

Female Entrepreneurship. Martha McGinnis, *Northern California Women Magazine,* facilitates this workshop on the motivation & preparation needed for starting & running a business. $20-$45. C 130. 9 a.m.-3 p.m. Call 476-5836 to pre-register.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *The Effect of Parents' Employment on Child Development.* Children's Hlth. Counselor Laurie Leventhal-Belfer facilitates this first in the "Working Parent" series. Co-sponsored by UCSF Health Net. A 326. 10 a.m.-noon. Call 476-6667.*

11 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next two weeks:

- Feb. 11-15: Taraval St. Between 17th & 18th Aves.
- Feb. 19-22: UCSF-Laurel Heights. 3333 California St., in parking lot on left. (Feb. 18 is a holiday.)

A $50 mammogram also is available at the Mount Zion radiology department. Call 885-7710.

EXERCISE CLASSES ON SALE

Starting today fitness classes are 50% off. Register at MU Fitness Desk. Call 476-1115.*

OTOLARYNGOLOGY GRAND ROUNDS: *Selected Small Flaps in Facial Reconstruction.* C. Patrick Hybarger, Oto. *Intraoperative Radiation Therapy for Advanced Cancer of the Head & Neck.* Mark Singer, Oto. S 214. 8-10 a.m. (See page 3 for Singer's Appointment.)

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

DEAN OF MEDICINE'S RESEARCH SEMINAR

Pain & Inflammation: The Neural Link. Howard Fields, Neuro. & Physio.; Allan I. Basbaum, Anat. & Physio. HSW 300. 3:30-5 p.m.

ANATOMY SEMINAR: *Growth Factors & Retinoid Receptors in Human Tumor Differentiation.* Wilson Miller, Mem. Sloan-Kettering Cancer Cntr., NY. HSE 1309. 4 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

ARE WE THE CAUSE OF POOR HEALTH?

Healthy Profits in a Dying World: Manmade Causes of Poor Health. David Werner, Dir., Hesperian Fndt. Lecture sponsored by Fam. & Comm. Med. HSW 301. 5:30-7:30 p.m.*

12 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Fluids & Electrodes.* William Shapiro, Anes. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Cystic Fibrosis: Molecular Diagnosis & Studies.* Farid Chehab, Lab. Med. L 535. 8:30 a.m. (See page 8 for CF story.)

OB/GYN GRAND ROUNDS: *Recent Developments in the Treatment of Perinatal Cocaine Addiction.* David E. Smith, Haight Ashbury Free Med. Clin.; Marty Jessup, Fam. Hlth. Care Nurs. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MEYER LECTURE

Transformation of Lymphocytes by Epstein-Barr Virus. Elliot Kieff, Microbio., Mol. Genet. & Med., Harvard. Seventh Annual K.F. Meyer Lecture sponsored by the Dept. Biochem. & Biophys. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

JOINT SURGERY/STOMATOLOGY SEMINAR: *Receptor Coupling to NaH Exchange: Novel Mechanisms in Signal Transduction.* Diane L. Barber, Anat. & Surg., Yale. HSE 332. 4 p.m.

NEUROLOGY GRAND ROUNDS: *Parkinson's & Schizophrenia: Basic & Clinical.* Frank Sharp, Neuro., VAMC. S 664. 5-6 p.m.

DON'T MISS THE DEADLINE

Fri., Feb. 8 is the deadline for items to be listed in the next calendar, which covers **Feb. 23-Mar. 8** (two weeks). They must be received in our office in writing by 11 a.m. on that Friday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

*Open to the public.

13 Wednesday

PLASTIC SURGERY/ORTHOPEDIC HAND SURGERY GRAND ROUNDS: *Lip Reconstruction.* Edmond Ritter, Plast. & Recon. Surg. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Health Hazards of Agricultural Burning.* Steven McCurdy, Occ. & Env. Med., UC Davis. Bldg. 30, 5th fl., SFGH. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Management of HIV-Related Skin Conditions.* Richard Odom, Derm. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Diagnosis of Pulmonary Embolism.* Gordon Gamsu, Rad. & Med. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *Biochemistry & Physiology of Activin & Inhibin.* Ralph Schwall, Genentech. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Can Lifestyle Changes Reverse Heart Disease?* Dean Ornish, Med. & Prev. Med. Res. Inst. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

CREATE YOUR OWN SACRED SPACE

The Landberg Center invites people of all faiths & traditions to join them in meditative reflection & celebration. M 1486. 12:15-12:45 p.m. Call 564-3515 for information.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PSYCHIATRY GRAND ROUNDS: *Ethical Considerations in Molecular Medical Genetics.* Paul R. Billings, Med. LPPI Aud. 1-2 p.m.

SEMINARS IN BIOLOGY: *Calcium Signaling & Synaptic Plasticity in Vertebrate Neurons.* Richard Tsien, Mol. & Cell. Physio, Stanford. HSW 300. 4 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

WOMEN'S SPIRITUALITY WORKSHOP

This four-session workshop explores women's spirituality & psychology through a variety of artistic media. Oriented to the UCSF community. Meets every Wed., Feb. 13-Mar. 6. 5:30-7 p.m. Call the Landberg Cntr. at 564-3515 to pre-register.*

PATHOLOGY GRAND ROUNDS: *Forensic Pathology.* Boyd Stephens, Path. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *The Second Year of Life: New Challenges for Parent & Child.* Psychotherapist Katherine Fraser leads the first in the "Second Year of Life" series. Co-sponsored by UCSF Health Net. A 326. 7-9 p.m. Call 476-6667.*

14 Thursday

CNS CONFERENCE FEB. 14-15

Paving the Way for 21st Century Health Care. Keynote speaker Clair Fagin, dean, U Penn. School of Nursing, addresses clinical nurse specialists with "Nurse/Physician Collaboration: Creating a Team for the 21st Century." Meridien Hotel, SF. Call 476-2993 for information & to pre-register.*

MEDICINE GRAND ROUNDS: *Hormonal Therapy of Prostate Cancer.* Mary J. Wilkinson, CRI. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Current Issues in the Management of Sickle Cell Disease.* William C. Mentzer, Ped., Lab. Med. & Ped. Hem/Onc. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: Residents Day. S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Approaches to Alcoholism.* Jerry Schultz, private practice. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

LEAKE HISTORICAL LECTURE

Active Euthanasia: An Historical Survey. W. Bruce Fye, Hist. Med., U Wisc. Sponsored by Dept. Hist. Hlth. Sci. HSW 303. Noon-1 p.m. Call 476-2766 for information.*

MISSION CENTER BROWN BAG LECTURE SERIES: *Twelve Steps to Cancer Prevention & Better Health.* Ernest H. Rosenbaum, Med. & CRI. Rm. 125, UCSF-Mission Center (MCB). Noon-1 p.m. Call 476-4394 for information.*

ORAL BIOLOGY 220 SEMINAR: *Antigen Processing by the Macrophage.* Frances M. Brodsky, Pharm., Pharm. Chem.; Microbio. & Imm. S 664. Noon-1 p.m.

MEDICAL ANTHROPOLOGY SEMINAR: *The Systemwide Research Program on AIDS.* David Lewis, UC Office of the President. Rm. 218, Laguna Honda Schl. Noon-1 p.m.

CURRENT ISSUES IN AGING LECTURE: *Clinical Decision-Making for Oral Health Treatment of Older Patients.* William Bird, Dental Public Hlth. & Hygiene. LPPI Aud. 12:10-1 p.m.

DENTISTRY DEAN'S SEMINAR

Memorable Interactive 3-Dimensional Computing. Robert E. Markison, Surg. C 701. 12:30-1:45 p.m.

HISTORY OF HEALTH SCIENCES LECTURE: *The Full-Time System: Its Origins & Implications for America's Biomedical Research Enterprise.* W. Bruce Fye, Hist. Med., U Wisc. U 456. 2:30 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE GRADUATE PROGRAM SEMINAR: *Neural Substrates of Opiate Dependence: Evidence for an Opponent Process.* George Koob, Scripps Clin. HSW 300. 4 p.m.

KABRA MEMORIAL LECTURE

Clinical & Research Applications of the Polymerase Chain Reaction. Henry Erlich, Cetus Corp. Lecture sponsored by the Dept. Lab. Med. in honor of Pokar Kabra & his wife, Usha. Toland Hall. 4-5 p.m. (See story on page 2.)

PROCTOR FOUNDATION SEMINAR: *Viral & Host Factors Influencing the Development of AIDS.* Jay Levy, Med. & CRI. S 318. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Medications in the Elderly.* Mana Hobson, Med., Mt. Zion. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS: *Why Watch Cells?* Charles Vidair, Rad. Onc. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Sedating Patients for Radiology Procedures.* Dennis M. Fisher, Anes. & Ped.; Walter L. Way, Anes. & Pharm. HSW 301. 5:15-6:15 p.m.

February 9-22, 1991

COLE HALL CINEMA: *Reversal of Fortune.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m. Come enjoy the new projectors!*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

MIND/BODY MEDICINE

Personal Health & Well-Being. The Institute for Healing Arts & Sciences presents Deepak Chopra, author & endocrinologist, who links health & sickness to awareness & quantum physics. Co-sponsored by the Learning Annex. Marriott Hotel, SF. 6:30-9:30 p.m. Call 922-9900 for information & to pre-register.*

15 Friday

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Childhood Antecedents of Adult Depression.* Susan Friedland, Child & Adol. Psychr. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 220 SEMINAR: *Reconstructing History with Amino Acid Sequences.* Russ Doolittle, Chem. & Bio., Cntr. for Mol. Genet., UCSD. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Your Money, Your Love Life.* John Beeson, Fin. Planning; Ilene Cummings, human resource counselor. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

TRANSFUSION RESEARCH FORUM: *Hepatitis C: The Sleeping Giant.* Miriam J. Alter, Hepatitis Epid., Centers for Dis. Control, Atlanta. L 535. Noon.

COLE HALL CINEMA: *Reversal of Fortune.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. Come enjoy the new projectors!*

16 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

FOR WOMEN ONLY: SAY WHAT YOU MEAN

For Women Only: Reframing Self-Defeating Internal Communication. Psychologist Robert M. Dittler facilitates this workshop to help women change the roles they have been taught to play. Sponsored by the Institute for Healing Arts & Sciences and Expertise Seminars & Workshops. $45. Toland Hall. 9 a.m.-4 p.m. Call 664-9175, ext. 222 or ext. 242 for information & to pre-register.*

LOW VISION FORUM: The companions of two guide dogs—Dodd & Sascha—discuss the role these dogs play in their lives. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnassus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Building a Relationship with Your Childcare Provider.* Meryl Glass, Child Care Center, facilitates the fourth in the "Working Parent" series. Co-sponsored by UCSF Health Net. A 326. 10 a.m.-noon. Call 476-6667.*

18 Monday

HAPPY PRESIDENT'S DAY!

19 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Blood Banking: UC Blood Bank.* Elizabeth Donegan, Clin. Lab. Med. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Exercise Testing.* Jerry Kropp, Ped. Pulm. Carr Aud., SFGH. 8:30-9:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *The Appropriate Use of Hospice.* Carol Braga, Ob/Gyn. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

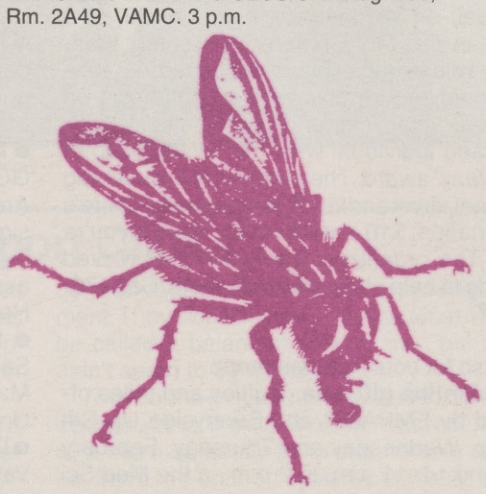
SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

MOUNT ZION BROWN BAG LECTURE SERIES: *Chronic Muscle Pain: Fibrositis & Stress.* Paul Davidson, Med. Herbst Hall. Noon-1 p.m. Call 476-4394.*

BAY AREA WOMEN IN THE MARKETPLACE: Barbara Fakkema, owner/manager, Events, Etc., presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.



BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Genetic Approaches to RNA Processing in Drosophila.* Don Ganem, Microbio. & Med. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Pathophysiology of Inherited Muscle Diseases.* John West Day, Neuro., Gallo Cntr. S 664. 5-6 p.m.

20 Wednesday

COMBINED PLASTIC SURGERY/ORTHOPEDIC HAND SURGERY GRAND ROUNDS: *Surgery for the Spastic & Dystonic Hemiplegic Hand.* Walter J. Treanor, Med., U Nevada. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *The Cadmium Standard.* Charles H. Hine, Occ. Med. & Tox. A 455. 8-9 a.m.

DERMATOLOGY GRAND ROUNDS: *Update on AIDS.* Marcus Conant, Derm. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Pathophysiology of Impotence in Diabetic Patients.* Tom F. Lue, Uro. M 1486. 8:30 a.m.

NUCLEAR MEDICINE SEMINAR: *Management of Radiation-Contaminated Casualties.* Thomas Dresser, Nuc. Med., Naval Hosp., Oklnd. LPPI Aud. 8:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Non-Steroidal Medications: Clinical Usage in Industrial Injury.* Tom Bush, Rheum., Santa Clara Valley Med. Cntr. SCVMC Cafe. Conf. Rm., 2nd fl., Main Hosp. Noon-1:30 p.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Do We Still Need to Worry About Tooth Decay?* Ernest Newbrun, Oral Bio., Periodon. & Stomat. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Linkage Studies of Schizophrenia.* Raymond R. Crowe, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Transmembrane Links Between the Extracellular Matrix & the Cytoskeleton.* Keith W.T. Burridge, Anat., U North Carolina. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

OPERATIVE UROLOGY CONFERENCE. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: Resident Case Presentations. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Being a Parent: Living with a Baby.* First in the "Childbirth & Parenting" film series. Co-sponsored by UCSF Health Net. A 326. 7-9 p.m. Call 476-6667.*

21 Thursday

MEDICINE GRAND ROUNDS: *CPC.* Marvin Sleisenger, CRI. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Scoliosis: Current Concepts in Management.* John T. Smith, Orth. Surg. & Ped. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Transgenic Mouse Model of Retinoblastoma.* Daniel Albert, Oph., Harvard. Preceded by case presentations: *Uveitis.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

CLINICAL PATHOLOGY CONFERENCE. HSE 317. 10-11 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Oral Lesions & What to Do About Them.* Deborah Greenspan, Stom. *Cancer Screening.* Michael Darby, Med. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *Antigen Presentation by Langerhans Cells.* Troy E. Daniels, Oral Path. & Stom. S 664. Noon-1 p.m.

CURRENT ISSUES IN AGING LECTURE: *Distinguishing Dementia, Delerium & Depression.* Carole Dietrich, Physio. Nurs. LPPI Aud. 12:10-1 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROSCIENCE GRADUATE PROGRAM SEMINAR: *The Family of Potassium Channels.* Chris Miller, Biochem., Brandeis U. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Continuous Quality Improvement.* Connie Borden, Nurs. Prac. A 455. 4:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS: *Post-Radiation Changes in the Pelvis: Assessment by MR Imaging.* Hedvig Hricak, Rad. L 34. 5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Interventions in Portal Hypertension.* Ernest Ring, Rad. & Interventional Rad/Angio. HSW 301. 5:15-6:15 p.m.

POSTCARDS FROM THE EDGE

COLE HALL CINEMA: *Postcards from the Edge.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. Come enjoy the new projectors!*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER: *Ear Reconstruction.* Burt Brent, Med. Fac. Alum. House. Dinner 6 p.m. Lecture 7 p.m. For information call 476-3601.

AGING MORE THAN GRACEFULLY

Healthy Aging. Joseph Barbaccia, FCM, discusses maintaining physical health & strategies to cope with psychological issues. Community Health Talk sponsored by the Public Serv. Outreach Programs. Free parking available. HSW 300. 7 p.m. Call 476-8429.*

22 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Transitional Forms of Treatment: Preparing for the Future.* John G. Looney, Child & Adol. Psychr., Duke. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 220 SEMINAR: *Studies of Bilayer/Nonbilayer Lipid Phase Transitions in Model & Biological Membranes.* Ronald N. McElhaney, Biochem, U Alberta, Edmonton. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Personal Transformation Through an Encounter with Death.* Francis Lu, Psychr. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

COLE HALL CINEMA: *Postcards from the Edge.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. Come enjoy the new projectors!*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Cost Transfers. Wed., Feb. 20. 1-4 p.m. $10.

Telephone Communication Skills Training. Wed., Feb. 27. 1-4 p.m. $10.

Labor Relations Supervisory Series. Tues., Mar. 5, 12, 19. 8:30 a.m.-noon. $10.

Career Directions at UCSF. Wed., Mar. 6, 13, 20. 8:30 a.m.-noon. $20.

Communicating with Confidence: A Workshop for Non-Managers. Wed., Mar. 6 & 13. 1-4 p.m. $30.

Employee Motivation: Empowering Your People to Excel. Thurs., Mar. 7. 1-4 p.m. $15.

Survival Skills for the Administrative Assistant. Thurs., Mar. 7, 14, 21. 8:30 a.m.-Noon. $35.

Coping with Difficult People. Fri., Mar. 8. 8:30 a.m.-4:30 p.m. $30.

Demystifying Gift/Private Grant Acceptance. Wed., Mar. 20. 1-4 p.m. $10.

Pre-Supervisory Training. Fri., Wed., Fri. & Mon. Mar. 22, 27, 29 & Apr. 1. 9 a.m.-Noon. $40.

High Performance Work Teams. Thurs., Mar. 28. 9 a.m.-4 p.m. $30.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808.

6th Annual Primary Care Medicine: Concepts & Controversies. Snowmass, CO. Feb. 16-23.

Advances in Endocrinology & Metabolism. Mark Hopkins Hotel, SF. Mar. 6-7.

Diabetes Update. Mark Hopkins Hotel, SF. Mar. 8-9.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. Cathedral Hill Hotel, SF. Mar. 27-29.

Advances in Emergency Medicine. Grand Hyatt Union Square, SF. Apr. 3-6.

Rheumatology for Primary Care Physicians. Sheraton Palace Hotel, SF. Apr. 25-27.

DENTISTRY

For further information call 476-1101.

Bringing Periodontal Science to the Dental Practice: A National Telesymposium. SF & other sites. Mar. 8.

Crown & Bridge Study Group. UCSF. Mar. 9.

Enamel Ceramics: An Esthetic & Restorative Alternative. UCSF. Mar. 16.

Second Annual Spring Training for the Dental Team. Scottsdale, AZ. Mar. 21-23.

Benefits/Personnel

"Make Your Employees Feel They Matter" and Other D&T Topics for March

Development and Training has issued its list of courses for March, and it contains some good ones. Examples:

● **Employee Motivation: Empowering Your People to Excel.** This will be presented by consultant Maryellen Lipinski, EdD, who says that the bottom line for motivating employees is that they have to feel that they matter. Please, all managers go to this one. Thursday, March 7, 1 p.m. to 4:30 p.m. $15.

● **Coping with Difficult People.** You can bring specific examples to class, and consultant Linda Brubaker will help you outline action plans toward resolutions. Friday, March 8, 8:30 to 4:30 p.m. $30.

● **Communicating with Confidence: A Workshop for Non-Managers.** This two-part course promises to help you speak up, say what you mean and get the kind of response you had in mind. Wednesday, March 6 and 13, 1 p.m. to 4:30 p.m. $30.

● **Career Directions at UCSF.** Susan Eveleth, UCSF's career development specialist, will help you figure out where you want to go and how to get there. Wednesdays, March 6, 13 & 20, 8:30 a.m. to noon. $20.

● **High Performance Work Teams.** Find out how to create a work team that really produces. Thursday, March 28, 9 a.m. to 4 p.m. $30.

These are only samples. There are several other classes you can read about by calling 476-4032 and requesting a brochure/enrollment application.

In addition to the D&T courses, there are a number of other ongoing training programs available to the campus: Taking Advantage of Your Benefits (476-1843); computer training (476-2974); CPR (476-1817); stress management (476-2621); rape prevention (476-5222); and self-defense (476-5683). Check the Women's Resource Center for their current roster of workshops for women, 476-5836; Millberry Union for their wide variety of classes and fitness training opportunities, 476-1115; and Outdoors Unlimited for skiing, hiking, canoeing, kayaking and other training clinics, 476-2078.

New D&T Manager

Linda Rose recently joined the Personnel Department as the new manager of the Development and Training Division. She previously was manager of personnel development at Lockheed Missiles and Space Company in Sunnyvale. Prior to Lockheed she headed employee development at UC Santa Cruz. She holds a Master's in Education with an emphasis on counseling from Florida Atlantic University. Linda's background includes extensive experience in teambuilding and management and leadership development. She invites departments that have special training and development needs to contact her directly, 476-4032.

Tax Seminar for Grads & Postdocs

The Graduate Division is sponsoring a Tax Talk for graduate academic students and postdoctoral scholars on Monday, February 25, from 5:30 to 7 p.m. in HSW 303.

Melody Pound, CPA, will discuss current tax topics, in particular issues that relate to students. The program will include a question/answer period.

Pound's background in tax accounting has included employment with several giants in the field, including the IRS. She headed the tax departments at Equitec Financial Group and Charles Schwab and Company, and is now a partner in Devlin and Pound.

For further information on the event, call 476-1558.

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of December 31, 1990). If you have questions, please call 476-9256.

	Monthly Factors	Annual Rate
Savings	.0075	8.88%
Money Market	.0069	8.16%
ICC (formerly GIC)	.0073	8.62%

	Unit Value	1-Month Change	12-Month Change
Bond	$41.39	2.3%	5.1%
Equity	$65.41	3.0%	0%
Multi-Asset	$10.51	1.7%	N/A*

* Began September of 1990

Fun Zone

OU's 12th Annual Wilderpimp Awards

Outdoors Unlimited is sponsoring the Wilderpimp Award Roast, allegedly the 12th annual, on Wednesday, February 20, at 8 p.m. in the MU Conference Center. Wear your wilderdrag. This is described as "low-brow adventure chic with an emphasis on useless gimmicks and poor taste." Worst-dressed individual wins the "Wilderpimp of the Year" award. The purpose of the evening is to eat, drink and laugh at everybody. There's a donation: $10 in wilderoutfit; more if you're not. The organizers are looking for wicked minds to help plan skits and roasts. Call 476-0417.

Also for your entertainment:

● **Valentine gift sale.** Truffles and trifles offered by EMPACT! and Sunnyside Up Gift Shop. Wednesday and Thursday, February 13 and 14, 11 a.m. to 2 p.m. in the Med Sci lobby.

● **Cole Hall Matinee Cabaret.** In celebration of Black Heritage Month, Arts and Performances presents storyteller Diane Ferlatte, weaver of spellbinding African-American tales, on Friday, February 15, at noon in Cole Hall. Free. Children's performance, 10:30 a.m. in Cole Hall. (See *Today/Tomorrow* calendar on page 4 for a complete listing of all Black Heritage Month events.)

● **Fitness Classes 50% Off.** Starting Monday, February 11, exercise classes go for half price. MU Fitness Desk. Information: 476-1115.

● **May Day Run.** Sunday, April 21, 9 a.m. in GGP. Sign up now to run for UCSF in the Bay Area Hospital Challenge. Call Jimmy Choy to sign up, 476-1700. Call Brigid Ide, 476-5429, if you can help with the fundraising activities associated with the run (for the American Heart Association).

● **Sail to Treasure Island.** All-day trip on Saturday, February 23, departing from the SF Marina at 10:30 a.m. $35. Call Outdoors Unlimited, 476-1469.

● **Discount ski lift tickets.** North Star, Squaw Valley, Alpine Meadows. EMPACT! says there *is* snow, because these places make it. So go buy your tickets and get out there and ski. MU Central Desk.

● **Cross-country and downhill ski trips in early March.** The former is a family weekend; the latter is a more party-type trip. Call Outdoors Unlimited for details, 476-1469.

Service Awards

Johnny Alexander, 15 years, environmental services.
Alan A. Allbright, 10 years, pathology.
Rhae Aoki, 10 years, LPPI.
Alegandro Avila, 30 years, materiel management.
Theresa A. Baldoccia-Law, 10 years, student affairs, dean's office, School of Medicine.
Rosemary Bell, 10 years, dentistry.
Maria E. Beltran, 10 years, capital resources management.
Marianne E. Bergstrom, 25 years, clinical labs.
Harol L. Breaux, 10 years, capital resources management.
Lorraine Brooks, 25 years, nursing.
Mary C. Carlier, 10 years, nursing.
Gloria M. Castro, 10 years, dentistry.
Paulene Chin, 10 years, nursing.
Helen Chong, 10 years, clinical labs.
Barton L. Cohen, 10 years, environmental health & safety.
Rachel A. Cooks, 15 years, dentistry clinics.
Elisabeth A. Copp, 15 years, physiology.
Gloria A. Cox, 10 years, materiel management.
Kathryn I. Cox, 10 years, nursing.
Joseph M. Crimes, 25 years, environmental services.
Peter T. Davis, 10 years, transportation services.
Patricia DeLuzio, 10 years, respiratory care service.
Linda L. Dimattio, 10 years, nursing.
James P. Estes, 15 years, quality assurance.
Nancy Evans, 10 years, medicine.
Linda J. Fippen, 10 years, radiation oncology.
Russell C. Fitzgerald, 10 years, capital resources management.
Bruce Flynn, 10 years, employee support services.
Robbie M. Franklin, 15 years, CVRI.
Nora P. Furey, 20 years, nursing.
Ann Gallego, 10 years, materiel management.
Guillermo Gamboa, 15 years, nutrition & dietetics.
Colin Hasse, 15 years, LPPI.
Judith I. Hofman, 10 years, ob/gyn.
Ivy E. Hsieh, 20 years, pathology.
Mary Ann Hudick, 30 years, clinical labs.
Girolomo F. Inferrera, 30 years, capital resources management.
Carol S. Katz, 15 years, LPPI.
Kathleen A. Kern, 10 years, nursing.
Glenn C. Krell, 10 years, surgery.
Nancy J. Kull, 25 years, financial aid office.
Thomas J. Kuwahara, 10 years, pathology.
Danette F. Lawrence, 10 years, nursing.
Charles J. Lintini, 20 years, dentistry.
Deborah MacDonald, 10 years, nursing.
Abundia Madrinan, 15 years, nutrition & dietetics.
Linda M. Mann, 10 years, nursing.
Theresa A. Markowitz, 10 years, nursing.
Renetia Martin, 10 years, LPPI.
Margaret Mayes, 10 years, anatomy.
Ellen M. McKenna, 10 years, nursing.
Rhodante Medenilla, 10 years, environmental services.
Antonia M. Milroy, 10 years, anatomy.
Pamela A. Minarek, 15 years, nursing.
Mazzarine F. Moss, 25 years, nursing.
William E. Myers, 15 years, neurology.
Karen L. Newhouse, 20 years, laboratory medicine.
Mildred Ng, 15 years, academic affairs.
Nancy Nienhuis, 15 years, dean's office, School of Pharmacy.
Linda C. Oldenberg, 20 years, clinical labs.
Judith Pelzner, 15 years, metabolic research unit.
James M. Phillips, 10 years, animal care/cell culture facility.
Adrienne B. Puech, 15 years, nursing.
Mary Jane Raggio, 25 years, materiel management.
Jean M. Reimer, 10 years, nursing transport.
Marcella A. Rohrer, 10 years, medicine.
Rudolph C. Romero, 25 years, clinical labs.
Peggy G. Rush, 20 years, nursing.
Brita Saltvoll, 15 years, operating room.
Rebecca Shelley, 15 years, nursing.
William V. Shoup, 15 years, nursing.
Robert B. Smith, 15 years, CVRI.
Jesse L. Stephens, Jr., 10 years, environmental services.
Victoria L. Stephens, 15 years, parking operations.
Anna J. Sullivan, 15 years, clinical labs.
Martha G. Szoenyi, 15 years, CRI.
Juanita R. Talley, 20 years, materiel management.
Josie Tambo-Ong, 10 years, accounts receivable.
Amy Teragawa, 10 years, medicine.
Julie M. Tom, 10 years, metabolic research unit.
Jay Weimer, 20 years, clinical labs.
Lovely J. White, 10 years, nursing.
Margery E. Wolcott, 20 years, nursing.
Willie H. Woodson, 20 years, environmental services.

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Veronica Anderson, administrative assistant I, pediatrics.
Jim Arnald, office supervisor II, medical center, finance.
G.C. Arteseros, bookstore assistant I, Millberry Union bookstore.
Linda Carter, administrative assistant II, office of research affairs.
Curt W. Denham, financial coordinator, medicine, SFGH.
Eric M. Denner, administrative analyst, planning and budget.
Louvina Forkin, administrative assistant II, development.
Carr Ha, administrative assistant III supervisor, animal care facility.
Iris L. Hurbert, administrative analyst, biochemistry & biophysics.
Michael Karasik, administrative assistant III, dean's office, School of Medicine.
Gladys Kelly, hospital assistant III supervisor, clinical laboratories.
Roger Kieval, administrative assistant I, medicine.
Lee Laidlaw, project assistant II, epidemiology & international health.
Teresa Marino, senior linen service worker, laundry services.
Karen Omoto, administrative assistant II, neurological surgery.
Jesus Ornelas, principal clerk, psychiatry, AIDS Health Project.
Murill G. Osugi, clinical lab technician specialist, clinical laboratories, SFGH.
Henry Ow Yong, hospital clinical lab assistant II, clinical laboratories.
Jazmin Pacio, hospital clinical laboratory assistant II, clinical labs, blood drawing.
Mary-Jane P. Presas, staff research associate I, laboratory medicine.
Andrea Raider, hospital research assistant I, ob/gyn.
Theresa Ramirez, administrative analyst, behavioral pediatrics.
Diana Ramos, administrative assistant III, CVRI.
Joann Ray, student affairs assistant II, School of Nursing.
Linda Remy, senior statistician, CVRI.
Arleen Reyes, collections representative, accounts receivable.
Ivan Rivera, baker, nutrition & dietetics.
Joycelyn Rivera, administrative assistant II, clinical labs, microbiology.
Rebecca Robinson, administrative assistant II supervisor, family health care nursing.
David A. Rose, programmer analyst I, medicine, SFGH.
Abdella Saleh, hospital assistant II, radiology.
Norma Segovia, hospital assistant, nursing.
Kevin Smith, staff research associate III, epidemiology & biostatistics.
Stephanie Smith, personnel assistant III, nursing.
Noemi Sohn, program representative III, Rape Prevention Education Program.
Deena Stangle, supervising clinical laboratory technologist, laboratory medicine, clinical labs, SFGH.
Carol Stocks, administrative assistant II, surgery.
Sarah Thayer, administrative analyst, behavioral pediatrics.
Amy Vanderbeek, physical therapist III, physical/occupational therapy.
Mary Victorio, administrative assistant II, medicine.
Richard Wagner, administrative assistant III, office of research affairs.
Revonda Watkins, administrative assistant II, medicine, infectious diseases, SFGH.
Olga Weiss, administrative assistant I, ACC.
Hattie Wilson, transplant assistant II, surgery.
Melissa Wilson, administrative assistant I, surgery/liver transplant.
William Wong, administrative analyst, dean's office, School of Medicine.
Yvonne Young, administrative assistant III, CRI.
Lorna T. Zlock, staff research associate II, CVRI.

Medsounds Continued

Ho, Drerup & Derugin Get Interpreter Awards; New Staff Interpreters Hired

In the most recent round of awards issued to participants in Patient Relations' Volunteer Interpreter Program, Environmental Services' Henry Ho, CRM's Henry Drerup and Radiology's Nikita Derugin came out on top. The awards, which were issued at a December reception for all volunteer interpreters, are based on the number of interpretations performed during a given period, in this case from January through November, 1990.

Henry Ho, who speaks Cantonese and Mandarin, did interpretations on 36 occasions during this period; Mandarin-speaking Henry Drerup did 32 interpretations, and Nikita did 25 Russian interpretations.

Others who were recognized for their active participation in the program include Gloria Alonzo, Alicia Cereceda, Ilana Galperin, Lydia Derugin, Christina Woo, Warren Doo, Mercy Angelopulos, Ilda Garrido-Ramirez, Julia Verzhbinski, Susan Barbour, Lucy Sponslor, Helen Crouch and Arthur Lee.

Patient Relations' Debbie Yano-Fong notes that the hours logged are based on formal requests that come through the volunteer interpreter program. She says they realize that a large number of on-the-spot interpretations are provided by bilingual or multilingual staff within units throughout the Medical Center. Unfortunately, there is no way of tracking interpretations that don't come through the volunteer program, and accordingly, no way of including these people in the program's recognition efforts. She hopes the people providing the interpretations are amply recognized within their departments.

Staff interpreters Mario Sanchez and Stella Koo

New Staff Interpreters

As the number of non-English speaking patients has grown in recent years, Patient Relations was relying more and more on an outside interpreter service. The requests for interpreters come in literally by the thousands (4,000 during the time period mentioned above) and there's a limit to how much time the volunteer interpreters can take away from their primary jobs.

Thus, Patient Relations has hired two full-time interpreters for the most frequently requested languages, Cantonese, Mandarin and Spanish. Stella Koo is the new Cantonese/Mandarin interpreter, and Mario Sanchez is the Spanish interpreter.

Stella previously worked for the State Department of Social Services, preceded by six years of working in a doctor's office. Patients and doctors and medical terminology are familiar territory to her, she says, but she particularly likes this setting. Many of the patients are new immigrants and everything is unfamiliar to them—the country, the customs, the people, and now the medical care, too. She feels she's able to help out a lot—in ways she wasn't able in the kinds of work she was doing before.

Mario already was a UCSF employee, working in the Admitting Department and participating as a volunteer interpreter. A native of El Salvador, he's lived in the US 10 years and worked at the Medical Center for the past four. He and Stella each do about 10 to 15 interpretations a day, he says, with about 80% of the requests coming from the ACC clinics.

Having Stella and Mario on staff is working out great, says Debbie. Not only is it cost-effective, it's more personal and provides continuity. They get to know both the staff and the patients, since many patients, especially in the clinics, are here repeated times.

The new staff interpreters in no way replace the volunteer interpreter program. In fact, Patient Relations is always recruiting for participants. Stella and Mario can't be everywhere at once, nor can they speak Korean, Russian, Vietnamese or other less frequently requested but nevertheless important languages. For further information, call 476-1404.

TDD Devices for Deaf

Patient Relations has arranged for two new services for hearing-impaired patients. TDD devices, which are telephone devices for the hearing-impaired, soon will be available for the Emergency Department and for inpatient use. Also available soon for the hearing-impaired will be decoder devices for patient TVs. Both services will be handled by the Telecommunications Department. Watch for the announcement of the availablity of these services.

Cultural Diversity Report Card

Nursing director Helen Ripple recently called together a number of employees of various ethnic backgrounds, the majority of whom started their jobs here within the past year or so.

The group included Victoria Narkewicz, administrative assistant in Medical Center Administration; Cliff Louie, an assistant director in Medical Center Administration; Tricia Montague and Monique White, head nurses of the PICU and 9 Long, respectively; and Eleanor Louie, an assistant director in the Department of Nursing.

Helen's purpose was to gather people's perceptions on the cultural diversity climate here at the Medical Center. Since everyone in the group, save Eleanor, was relatively new to UCSF, she also asked what it was like where they worked before.

Tricia, who arrived here from Denver Children's Hospital, and Monique, who worked at St. Luke's Hospital in Kansas City, Missouri, both said that cultural diversity is a much bigger issue here; that not much was said or done about it in their former places of employment. They didn't necessarily have what might be called a balanced cultural mix, but that didn't seem to be a major issue.

Those of the group who represented nursing conceded that the climate here was receptive to a more culturally balanced nursing staff, i.e, there are support systems in place, etc., but the pool of applicants for nursing positions did not include very many ethnic nurses, specifically black and Hispanic nurses. Their suggestion was that more energy be put into steering high school students toward nursing. Victoria agreed that the advice she received prior to college was to get a degree in business.

Three events at UCSF that support the nurses' suggestions include the "Careers in Health" career fair sponsored by the Medical Center every fall, and the Black and Hispanic Nurse Symposia sponsored annually by the School of Nursing. The Black Nurse Symposium is coming up on Friday, February 22—see page two for details.

King of Hearts *(cont. from page 8)*

How he hooked up with Scheinman: About that time UCSF became affiliated with some Central Valley hospitals, including the VA, and Dr. Scheinman was making regular trips there. He observed that Booker had skills beyond what he was using at the VA, and invited him to UCSF, where he was starting a separate EPS lab. Booker was standing by when Scheinman made history performing the world's first catheter ablation; i.e., using electrical shocks to treat life-threatening heart-rhythm conditions.

Booker on Scheinman: "Mel's a genius. He knows exactly how to get me to do something. He'll say, 'I know it's impossible, but you know what we really need is this and this,' and he knows perfectly well I'll go home and won't rest until I figure out how to make whatever it is he has in mind." According to Scheinman, the lab is filled with Booker-made efficiency devices, probes and switches and the like.

Based on all those compliments in the patient surveys, any advice on helping patients feel more at ease? "I just try to be friendly. They're sick and scared and they're surrounded by wires and equipment, and I figure they can use a friend. The thing that gets me the most is the children. I worked 20 years at the VA, so I had no idea women or children got sick. I thought only men got sick. Then I came here and there were kids who were dying. It tears me apart. If I can cheer up a child, that's the best."

He's a disc jockey and a weaver. Booker's DJ roots go back to when he used to sneak out of his dad's church and over to radio station KLIP in Fowler and spin records with Happy Harold, one of his original role models. These days he totes his mobile DJ unit (he made it) to get-togethers all over the Bay Area, charges a good price for it and has a great time. The weaving is something his wife inspired. A European-trained painter, his wife also weaves. After watching her work on her loom, Booker decided he could do it himself, and has turned into quite a prolific weaver. He produces large, colorful wallhangings fashioned on barrel rims and such. He and his wife currently are preparing for a joint art show—her paintings and his weavings. When and where to be announced.

There's more. But no doubt Booker would prefer to have a few shreds of his personal story left to mystery.

Conservation *(cont. from page 1)*

Al Howell at 476-5900.

Post Consumer Waste Products

A variety of post consumer waste products are available directly through Storehouse, including computer and xerox paper, white ruled pads, and other paper products. Also, a new UC-Systemwide agreement has been awarded to Northern Distributing for paper products such as tissues and towel which are made out of post consumer waste at the same prices as regular products. For further information call 476-1271.

Materiel Management regularly receives the *Recycled Products Guide,* a semi-annual publication which lists all the available products made from post consumer waste. For further information call Erma Germer at 476-5761.

Plus, Bear Necessities, located in Building K of the HSE Annex, carries recycled Pendaflex folders, 3M post-it notes, premium recycled xerox paper for high speed copiers and laser printers. Call 476-1222.

Recycled Books, Magazines

Volunteer Services at 476-1196 is interested in distributing your recycled paperbacks and current magazines to patients and their families. (Foreign language material also is welcomed.)

In the Moffitt Cafeteria

Nutrition & Dietetics provides paper trays made of recycled paper for take out use (china is provided for all meals eaten on the premises). Although they have looked into using other post consumer waste products, strict laws restrict the use of recycled products for food use. Moffitt also is bringing back the Reusable Mug Program in March. Mugs will be available for purchase in the cafeteria, and a discount will be offered each time the mug is used. Meanwhile, think twice when you grab for all those napkins (chances are you don't need a stack full).

In Your Own Office

Re-use your interoffice envelopes, folders, and other supplies. It will save resources and money.

Waste Reduction

Roy Balzer, who heads our Environmental Health & Safety Department, tells us that state legislation now requires all institutions to plan ways of reducing the volumes of dry, chemical, radioactive and biological wastes produced. Our campus will make a firm commitment to the policy within the next six months. Balzer also reminds all labs that they should not be dumping any chemicals down the drain (not prudent).

Air Pollution

Shuttle buses, public transportation, car pooling, walking or bicycling, all will help make our air cleaner. For further information call our Transportation Office at 476-1511.

More to Come?

As much as we'd like to run all the possible ways to help save our planet, we just don't have the space here. Fortunately, there are many manuals available in most local bookstores. However, *Newsbreak* would like to hear from you on more ways the campus can continue to conserve. Please write us at Box 0462.

Cystic Fibrosis *(cont. from page 8)*

netically engineered copy of a human enzyme. If proved effective, these drugs could help clear the lungs by thinning the airway secretions.

With much recent headway and a number of breakthroughs on the horizon, the outlook for CF patients is far from hopeless, observes Debbie. On the contrary, she says, it is extremely heartening to watch children reach adulthood and lead productive lives.

Randy, for instance, is an avid bicyclist, and, as a matter of fact, is a personal friend of bicycling great Greg LeMond. Randy met Greg through the Make a Wish Foundation, the two became fast friends, and this past summer, Randy and his family accepted an invitation from Greg to accompany him to Europe for the famous Tour de France bicycle race.

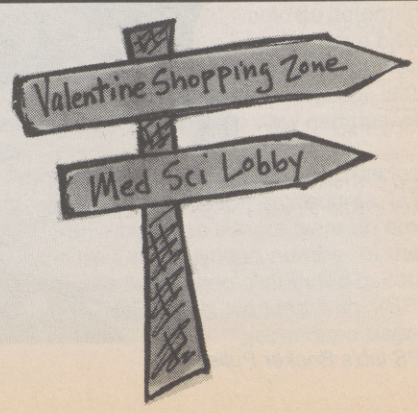
Randy and his parents make the trip from their home outside Reno to the CF Center at UCSF about every six months as part of an ongoing education, followup and treatment program for his disease. The UCSF program, a regional CF Center designated by the National CF Foundation, is the closest Center for them, says Denise Rupracht, Randy's mother. "Besides, it is where he was diagnosed and where he has been followed all these years."

As to whether there is a support group or other resource program near their home, Denise says that no, "Debbie and Barbara are our support group."

Debbie (Lallas) and Barbara Johnston-Walsh are both clinical nurse specialists with the program. The attending physicians include Drs. Cropp, Froh and Stulbarg (see article page 8), plus pediatric pulmonologist Mark Pian. Other CF Center staff include respiratory therapist Bill Kerr, pulmonary lab tech Leon Dagdagon, nutritionists Carol Ohnstad and Kathy Love, social worker Bonnie Sibley, and administrative assistant and newsletter editor Eric Hellman.

Buy Your Valentine a Present

The Auxiliary is offering you plenty of opportunity to buy your Valentine a present: They'll be selling all kinds of sweets and treats in schmootzy packaging for four days in a row, Monday through Thursday, February 11 through 14. This will take place in the Med Sci lobby from 8 a.m. to 5 p.m. each day. If you want more detail, call the Auxiliary office at 476-4906.



UCSF Medsounds

Volume 6, Number 3 February 9-22, 1991

Exciting Time On the Cystic Fibrosis Front

Randy Rupracht represents a good example of the progress we have made with cystic fibrosis, says Debbie Lallas, a clinical nurse specialist with UCSF's Cystic Fibrosis Center.

Diagnosed with CF at three months old here at UCSF, the 18-year-old high school senior from the small northern Nevada town of Yerington has lived relatively free of complications from the disease. In fact, his recent stay on 10 Long was the first time he'd ever been hospitalized for CF complications.

"Until about 10 years ago, people weren't expected to live past 10 or 11 years old," says Debbie. "But there have been so many advances in diagnosis and treatment, we're now looking at a median life expectancy of 24 years. And many are living into their 40s and 50s." In our own Center, which follows about 80 people with CF, the ratio of children to adults is about 60/40.

Cystic Fibrosis is a genetic disease which causes the body's exocrine glands to malfunction. The exocrine glands normally produce thin secretions including sweat, mucus, tears, saliva and digestive juices.

In CF, the mucus-producing exocrine glands often produce thick, sticky secretions which can plug ducts and passageways. These plugs most often occur in the lungs and intestines and can cause major interference with breathing and digestion.

About 2,000 babies in the US are born with CF every year. It occurs at a high rate in Caucasian babies—about one in every 2,000. It also occurs in one of every 17,000 black babies, but is rare in Asians and Native Americans.

In the past, treatment has included an ever-developing combination of antibiotics, aerosols, respiratory and physical therapy; plus emphasis on exercise and good nutrition.

One of the most exciting things to happen on the CF front recently, says Debbie, is the identification of the gene that causes CF. Not only has this been a major step toward finding better ways to detect carriers of the gene and doing prenatal diagnoses, but also has led to better understanding of the gene and developing new and better treatments.

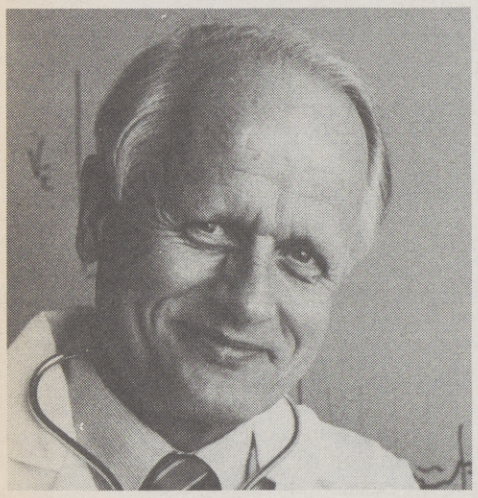
At UCSF, the CF research team headed by Dr. Jay Nadel has two major strategies, studying the nature (and possible alteration) of the basic genetic defect; and looking at CF complications and how they might be solved.

A very promising aspect of current national research is the recent discovery that an enzyme called "neutrophil elastase"—an enzyme found in the airway secretions of all CF patients—is the most potent stimulus to gland secretions ever observed. It follows that inhibitors of this enzyme could potentially inhibit secretions and reduce excess mucus in CF patients. UCSF doctors currently are launching a pilot study to test some potential neutrophil elastase inhibitors.

The Center also is looking at drug trials for some new mucus-thinning drugs, including one from Genentech called "DNase," a ge-

(continued on page 7)

Randy (center), with a room full of visitors during a recent hospital visit, including (left to right) his mom Denise, world champion cyclist Matt Newberry of Reno, clinical nurse specialist Debbie Lallas and Olympic cyclist Inga Thompson, also of Reno. Randy, an avid cyclist, also knows Greg LeMond, who was due to visit the following day. (The object of such interest in the photo is the centerfold of the Sports Illustrated *swimsuit issue. When a friend of the family called the hospital gift shop and asked the clerks to select some gifts for an 18-year-old, they came up with this and some other good reading material.)*



New CF Chief

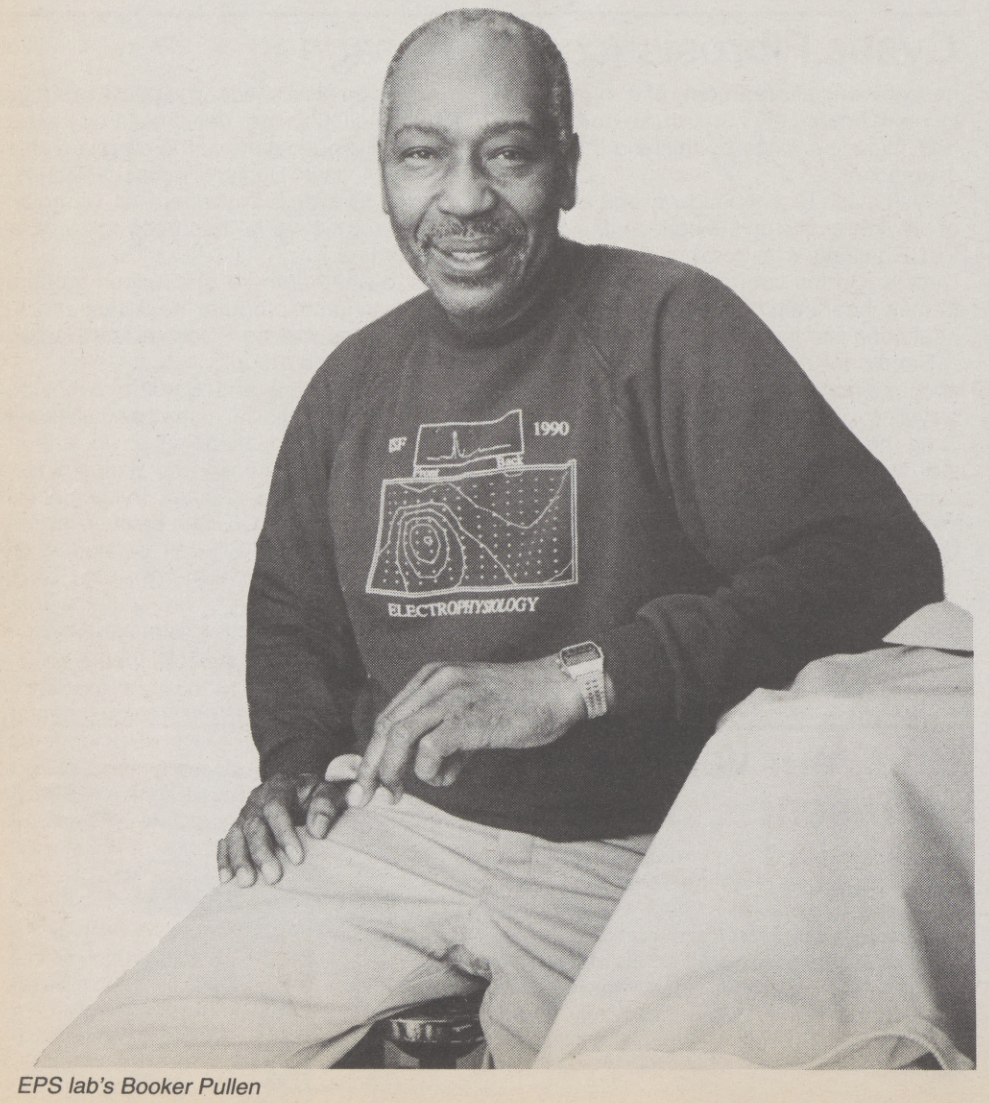
Gerd (Jerry) Cropp, a recognized expert in cystic fibrosis, is the new director of UCSF's Cystic Fibrosis Center and chief of the Pediatric Pulmonary Service.

Dr. Cropp, who joined the UCSF faculty January 1 as professor of clinical pediatrics, was formerly professor of pediatrics at Columbia University in New York.

Born in Delmenhorst, Germany, Dr. Cropp received his MD and PhD (biophysics) degrees from the University of Western Ontario. Among his experiences with pulmonary disease and cystic fibrosis, he served as director of the Children's Lung Center and the Cystic Fibrosis Center, both at Children's Hospital in Buffalo, New York.

This is not Dr. Cropp's first experience at UCSF. Straight out of medical school he did an internship here in the Cardiovascular Research Institute, which, of course, is the very place to which he has returned. UCSF's CVRI is one of the nation's leading pulmonary research facilities. (Dr. Cropp's office is located in the CVRI in Moffitt 1303.)

Deborah Froh and Michael Stulbarg will continue to share in the management of the CF Center, Dr. Froh as associate director/children's program and Dr. Stulbarg as associate director/adult program.



EPS lab's Booker Pullen

King of Hearts

In the section of the patient satisfaction surveys where patients are asked for their comments, there's a name that comes up time and again. It's Booker Pullen, a technologist in the cardiac electrophysiology lab. In fact, he's been praised so frequently and wholeheartedly by patients, he reportedly was invited by members of Nursing Service to take up a new career as a nurse and join their department.

He's rather firmly planted where he is, however, much to the satisfaction of electrophysiology chief Melvin Scheinman. He calls Booker "the most fabulous human being walking our campus," and his only hope is that when Booker retires, it will be after he does.

Booker's colleagues say they've never seen a person—patient or staff member—he couldn't relate to; and that his fine, funny, friendly disposition is matched by his incredible resourcefulness in the lab. Apparently he's a whiz at improvising "a better way" when it comes to techniques and equipment.

Based on these and a dozen other testimonies to Booker's knack for winning people's hearts—plus the fact that his work is devoted to saving people's hearts—he gets our vote for "King of Hearts," a one-time tribute presented by this newspaper on the occasion of Valentine's Day, 1991.

Of course, the above information was gleaned from every source but Booker himself. An interview with Booker produced information of a totally different variety, such as the fact that he is an avid weaver, he grew up playing gospel music (and jazz) in his father's church near Fresno, he is married to a Swedish-born artist, and one of his sons just cut a record. Here's a profile:

Years at UCSF: Started in 1979.

Position: EPS tech; i.e, a technologist in the electrophysiology (EPS) lab, which deals with electrical problems of the heart. (The article in the last issue of *Medsounds*, "A Cure for Racing Hearts"—having to do with using radiofrequency waves to fix electrical short circuits in the heart—came out of the EPS lab.)

Background: Grew up in Fresno, the curious son of a Pentacostal minister. He was curious in the sense that he liked to take things apart to see how they worked. When he was a young boy, his father gave his mother a grandfather's clock as a special present and Booker took the whole thing apart. His father warned him to get it put back together in a hurry, which he did, and it worked fine after that. "But there were some pieces leftover."

History repeats itself: Some years later, when Booker was working in the EKG lab at the Veteran's Administration Hospital in Fresno, he liked to take the equipment apart to see if he could improve it. He reprogrammed the single-channel EKG machine to become a four channel; Hewlett Packard followed suit with something similar. With the advent of new and improved cardiac testing equipment, the VA's cardiology section brought in a machine to do electrophysiology studies, but no one knew much about it, so it just sat there. Booker regularly took it apart and studied its inner workings. It made him curious about EPS technology, so he started boning up.

(continued on page 7)